

Coaching for Impact

A tailored coaching engagement based on ProInspire's customized matching process. Through five interactive coaching sessions over the course of three months, the program provides social sector leaders at all levels with a deeper understanding of leadership coaching, effective tools for goal setting, and renewed energy and purpose for their work.

Background

Since our founding in 2009, we have integrated coaching into ProInspire's fellowship and leadership development programs. Recognizing the effect that a coaching relationship can have on a nonprofit leader's potential for social impact, we launched the ProInspire Coaching for Impact Program to connect nonprofit leaders with experienced leadership coaches through our customized matching process.

Coaching Approach

ProInspire designed Coaching for Impact based on guidelines set forth by the International Coach Federation (ICF).

Coaches act as partners to participants to inspire them to maximize personal and professional potential. Participants are experts in their lives and work and coaches believe in their creativity and resourcefulness. The coach's responsibility is to:

- Discover, clarify, and align on participant goals;
- Encourage participant self-discovery
- Stimulate participant generated solutions and approaches; and
- Hold the participant responsible and accountable.



Register if you are working towards social change and...

- ❑ You are at a point of transition with a new challenge or opportunity
- ❑ You have a gap in knowledge, skills, confidence, or resources
- ❑ Your work and life may be out of balance
- ❑ You want help to identify your core strengths and how best to leverage them

To Register

Visit www.proinspire.org/coachingforimpact to register for Coaching for Impact.

Registrations will be accepted on a rolling basis with a **one-time fee of \$950**.

Program Elements

The Coaching for Impact includes:

- Customized matching to an experienced leadership coach
- Coaching 101: a webinar on how to work effectively with a leadership coach
- Five one-on-one coaching sessions, each 45-60 minutes in length. One session is in-person; the remaining four sessions are virtual. Sessions are scheduled based on mutual convenience
- Opportunity to share your experience to shape future coaching programs



Program Outcomes

By the end of Coaching for Impact, participants will have:

Understanding of

The benefits of working with a leadership coach



How to effectively work with a leadership coach

Professional Development Goals

1-2

goals identified and advanced with the support of a coach

Increased Self-Awareness



that impacts ability to work effectively

CONTACT US TO LEARN MORE

Ashlynn Polanco
Senior Program Associate
apolanco@proinspire.org

202.888.6308 x110



@proinspire



/proinspire



ProInspire

Activating Leaders, Accelerating Equity

www.proinspire.org | info@proinspire.org