



# ProInspire Leadership Institute

Powered by the Kresge Foundation

ProInspire partnered with the Kresge Foundation to develop a two-day leadership program for senior managers at grantees in six cities. ProInspire gathered Kresge input to design a program that met their needs. ProInspire managed the program over two years, including logistics, participant communication, training, and evaluation.

## SINCE 2016

**155**   
participants representing

**95**   
organizations in



## PROGRAM STRUCTURE



**Day 1 Lead Self**  
Increased self awareness/regulation

- Welcome/Introduction
- Personal Mission
- Emotional Intelligence
- Implicit Bias
- Informal Networking




**Day 2 Lead Others**  
Applied management skills and tools


- Trust
- Delegation
- Coaching
- Feedback
- Action Planning/Closing

*Program includes pre-work and fieldwork assignments.*

## Program Results

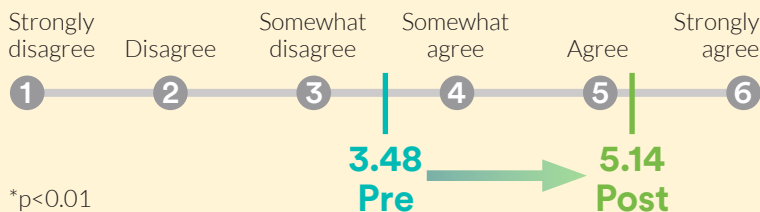
**100%**  of follow-up survey\* respondents said they had practiced a leadership skill learned during the Institute.

**97%**  of of exit survey\* respondents agreed that the Institute provided me with knowledge and skills that will improve my leadership performance.

**92%**  of of exit survey\* respondents agreed that the Institute was a positive career-enhancing experience.

*\*Exit survey administered 24 hours post-workshop. Follow-up survey administered 2-3 months post-workshop. Surveys developed by Sharp Insight, LLC.*

Across all measures of Institute objectives, mean scores **significantly\*** increased in the desired direction from **pre (3.48)** to **post (5.14)**.



*"[PLI] helped me to really understand the role that implicit bias has in the workplace."*

*"[PLI] encouraged me to think about how I can support my team to develop through feedback and coaching."*

## PROGRAM CONTACT

Monisha Kapila, Founder and CEO  
mkapila@proinspire.org 202.643.5328

[www.proinspire.org](http://www.proinspire.org)  
[info@proinspire.org](mailto:info@proinspire.org)



@proinspire



/proinspire